

Worm Composting

How to



Recycle

Food Waste and Paper

What You Will Need

- *A container with a tight fitting lid
- *A drill with a 1/32" bit
- *1 pound of worms for each pound of food waste you need to recycle
- *Enough torn paper to fill the bin

What to do

- *Drill tiny holes all over the bin and lid so that air and water can pass through, but flies can not. Make hundreds of holes.
- *Fill the bin with moist torn paper. Newspaper is great, as is junk mail, paper towels and napkins, and office paper.
- *Add the worms. Give them 2 weeks to get comfortable, then begin feeding them.
- *Always bury food wastes deeply. Keep the bin cool and damp. Be sure the lid is securely closed. Do not compost pet wastes.
- *Use the "mud" as food for plants.

* You can compost in your home or garage using any well-ventilated closed container and red wigglers. Do NOT use worms from the garden. Add a little soil to the bin.

* Bury fruit, vegetable, and other food wastes under a thick layer of moist torn up paper.

* Do NOT add meat, dairy, or animal fat.

* Plan on adding roughly the same weight of food as the weight of worms in your bin. As the worms increase, you can feed them more.

Composting
IS
Recycling!!



For more information, please call the Tehama County Sanitary Landfill Agency at 530-528-1103, visit our website www.tehamacountylandfill.com or email us at tehamacountyrecycles@co.tehama.ca.us

**SANITARY
LANDFILL
AGENCY**

